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***Don't  
forget!***

**Youth Ministry  
is for ALL  
High School  
Students!**

**Please join us  
for Youth  
Group every  
Sunday from  
6:30 - 8:00pm  
in the Youth  
Room!**



# St. Joseph's Parish Youth Ministry

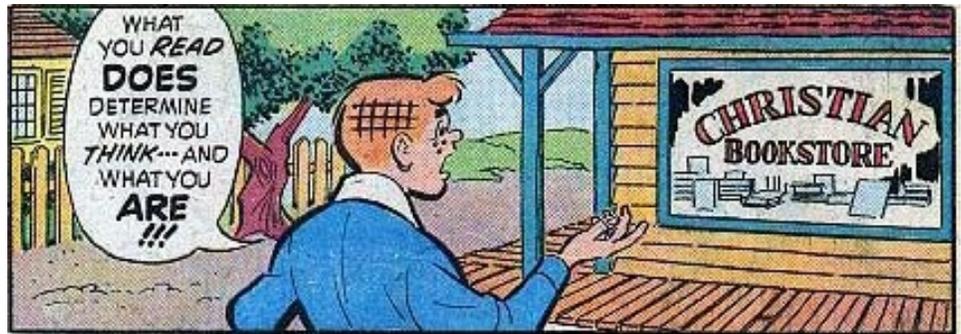
SEPTEMBER 2017

## You are what you eat...and read and watch...!

Everyone has heard the phrase "You are what you eat," but you may have not heard this similar quote — "You are the books you read, the films you watch, the music you listen to, the people you meet, the dreams you have, [and] the conversations you engage in." You are a

combination of your daily activities, and in that way, you have to continually ask yourself some challenging questions: What do I do day to day? Am I reading or watching content that is damaging to my mind and soul? Am I engaging in relationships with toxic people, which are turning me sour and

away from God? It is important to recognize all of the pieces that contribute to the make-up of who you are! Repeal and replace the outside aspects that are not giving you happiness with more Godly and positive content!



## Upcoming Youth Events

Please RSVP for each event to Carissa at [cscudieri@stjosephwakefield.org](mailto:cscudieri@stjosephwakefield.org)

\*Transportation for ALL events from St. Joseph's Parish\*

### SEPTEMBER

3 — No Youth Group

8 — Cry Out! at St. Mary's in Lynn (6:15 - 9:30pm)

### OCTOBER

13 — St. Joseph Table (4:45 - 6:30pm)

17 — Youth Group Fall Kick Off (6:30 - 8:00pm)

21 or 23 — Speaker Jason Evert in Boston (Boston: Specific Location, Date, and Time TBD)

**Jr. Youth Group  
Info coming soon!**