

Guide to Confession - Child

Examination of Conscience

Do I love God by talking to Him each day?

Do I say bad words?

Do I go to church on Sunday?

Do I disobey my parents?

Do I fight with others?

Do I look at bad pictures?

Do I steal?

Do I lie?

Do I get jealous of others?

Am I selfish?

Have I been impatient, stubborn, unforgiving, do I talk bad about others, do I cheat, do I tease or bully others?

Sacrament of Reconciliation

Bless me Father for I have sinned, my last confession was _____ ago. These are my sins. [Confess sins here]

Act of Contrition

Oh my God, I am sorry for my sins; please forgive me. I know you love me, and I want to love you and to be good to everyone. Help me to make up for my sins. I will try to do better from now on. Amen.